

Sip any tea on this menu, right here at Mr. Write!

Pot of tea: R40

Pot of tea to share: add R8

Tea tastings

Try any three teas, served in small
teacups with a biscuit - R45

find your chapter:



- *green tea - pages 2-3
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If you'd like to enjoy any of these teas at home,
please ask us to weigh out your perfect portion.

GREEN TEA

SAKURA GREEN

“Sakura” means cherry blossom in Japanese. This delicate blend pairs sencha — a traditional Japanese green tea known for its fresh, grassy flavour and smooth umami notes — with the tart elegance of Japanese sour cherries. Low in caffeine and rich in antioxidants.

Reminds us of: Fallen petals and farewells

BANCHA HOJICHA

A Japanese green tea, charcoal-roasted for a toasty and nutty flavour. This smooth, comforting tea is often enjoyed after meals in Japan as a gentle digestive. Naturally low in caffeine: Even children may sip it!

Reminds us of: Autumn comfort

SENCHA FUKUJYU

A classic Japanese green tea made from young leaves that are steamed immediately after harvest to preserve their vibrant colour and fresh, grassy character. The brew is delicately sweet with a clean, refreshing finish. A gentle caffeine lift without the buzz.

Reminds us of: Forrest floor stillness

GENMAICHA

Crafted from Japanese sencha green tea and roasted rice, Genmaicha offers a toasty, balanced brew with mellow sweetness and a gentle undercurrent of buttered greens. Though once a humble household staple in Japan, today it’s cherished for its comforting flavour, calming energy, and antioxidant-rich sencha base.

Reminds us of: A comforting bowl of rice



PEACH GREEN

Sencha green tea flavoured with peach and rose petals. *Amazing iced with lemon and honey: this unleashes the tea's pure magic! Please expect an 8 minute wait if an iced-tea version is desired.*

Reminds us of: Sunlight in a glass

GUNPOWDER GREEN TEA

This Chinese tea's leaves were rolled into tight pellets to preserve their flavour during long journeys, making it one of China's most famous exports. Early European traders thought the pellets resembled grains of gunpowder, and the name stuck. For a classic North African-style taste, a steep with a handful of fresh mint is suggested.

Reminds us of: A breeze carrying cool air over warm earth

MATCHA LATTE (a tea latte)

Japanese matcha meets the soft kiss of organic coconut blossom sugar. Brewed using steamed milk for those who enjoy earthy sweetness.

Reminds us of: Unexpectedly delightful experiences

Price per mug: R45

OOLONG TEA

JASMINE BAI HAO OOLONG

Once reserved for China's Imperial Court, this elegant oolong is anything but ordinary jasmine. Scented using real jasmine blossoms, it brews a smooth, floral cup with soft stone fruit notes and a creamy finish. Moderate caffeine, making it perfect for an afternoon pick-me-up.

Reminds us of: A quiet garden in bloom

DANG GUI OOLONG

This tea combines oolong with Dang Gui, a traditional Chinese root used for over a thousand years in East Asian herbal traditions. Dang Gui is known for its naturally sweet and root-like flavour. It has long been used to support circulation and recovery from fatigue.

Reminds us of: Cold hands wrapped around a warm ceramic cup

JIN SHUAN MILKY OOLONG

A lightly oxidised Taiwanese oolong known for its naturally creamy texture. This tea has a soft floral aroma with notes of sweet milk and buttered greens. Moderate in caffeine and perfect for pairing with desserts.

Reminds us of: Warm cream and silky gloves

GABA TAIWANESE OOLONG

This special oolong from Taiwan gets its name from GABA (gamma-aminobutyric acid), a neurotransmitter in the brain associated with calming the nervous system. In the 1980s, Japanese researchers discovered that tea processed in nitrogen-rich, oxygen-free conditions causes the leaves' own glutamic acid to convert into higher levels of GABA, giving the tea its distinctive character of promoting relaxation.

The brew is subtly sweet and can be steeped multiple times, with each steep revealing new colours and flavours.

Reminds us of: The comfort of being truly safe with the one you love

BLACK TEA

ENGLISH BREAKFAST

Enmasse's aromatic black tea is for those who like a traditional cup of English Breakfast tea. This tea, of Vietnamese origin and can be complemented with milk.

Reminds us of: Buttered toast and a fresh to-do list

MASSAI BREAKFAST

Inspired by the enduring spirit of the Maasai people, this East African black tea blend is strong, malty, and full of backbone. With its deep, grounding flavour and rich aroma, this is not a whisper of a tea, it's a call to rise.

Reminds us of: Hooves treading dust

EARL GREY BLUE FLOWER

Named for Charles Grey, the 19th-century British Prime Minister whose gift of bergamot-scented Chinese black tea became — or so the legend goes — a national obsession. This elegant twist adds blue cornflowers. Perfect with milk, lemon, or simply as is.

Reminds us of: Cravats and deep conversation

EARL GREY ORGANIC

Classic. Organic.

LADY GREY BLACK

A graceful twist to the Earl: smooth black tea infused with bergamot and a touch of pink rose petals. Brews a fragrant cup with enough body to hold milk if desired. Moderate caffeine.

Reminds us of: Handwritten letters

LONDON FOG (a tea latte)

A dreamy blend of Earl Grey tea, steamed milk, and artisanal vanilla syrup.

Reminds us of: Fog meeting morning light

Price per mug: R42

MASALA CHAI

Black tea leaves integrate with black and white peppercorns, ginger, cardamom, cloves, cinnamon, and nutmeg. Deliciously

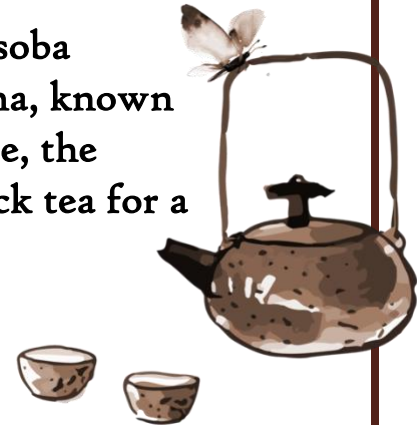
spicy and fruity. For traditional stovetop chai, simmer with milk and sugar.

Reminds us of: Clattering pots and Sunday brunch

BUCKWHEAT BLACK

Roasted buckwheat has long been served in Japanese soba restaurants, often as a gentle, toasty tea called soba-cha, known for cleansing the palate and settling the stomach. Here, the nutty, caramel depth of buckwheat meets smooth black tea for a caffeinated twist.

Reminds us of: The blissful calm of being in good health



LAPSANG SOUZHONG

Larger leaves (souzhong) are plucked from the lower part of the tea bush, are fermented, roasted on hot iron plates, and then smoked on bamboo racks over fires fed with resin-rich green pine logs. The result? A tea with a devoted following, but not for the faint of heart, known for its roast colour and campfire character.

Reminds us of: Crackling bonfires

DARJEELING FIRST FLUSH

Celebrated as the “Champagne of Teas” and revered for its delicate floral and muscatel character, this is India’s answer to fine sparkling wine.

Reminds us of: An afternoon stroll in a vineyard

SNOW BLACK

A perfect mix of selected black teas from Sri Lanka, Kenya, India and China. Crafted with creaminess in mind, it brews a rich, robust cup that pairs beautifully with milk, making it an ideal everyday classic.

Reminds us of: Dark clouds parting

ASSAM BUKHIAL

A strong, full-leaf 2nd flush Assam tea from the Bukhial Estate, located near the border of Nagaland. The estate is part of George Williamson Assam: the world's largest privately held tea plantation group. Slower-growing bushes, due to lower rainfall in the region, produce a hearty, earthy tea that can stand up to milk, but doesn't need it.

Reminds us of: A well-worn leather armchair

CEYLON PETTIAGALLA

Grown in Sri Lanka, this high-grown Ceylon tea benefits from rich soil and heavy seasonal rainfall. The result is a bright, reddish infusion. This tea is a classic example of a fully-fermented black tea, giving it a rich and malty yet mild flavour.

Reminds us of: The crisp pages of a morning newspaper

VANILLA COCOA ROSE BLACK

A classic black tea enhanced with vanilla and 70% dark chocolate, deepening its woody sweetness.

Finished with rose petals for a soft floral lift.

Low to moderate caffeine.

Reminds us of: Patisseries and stolen glances

WHITE TEA

BAI MU DAN WHITE TEA

Bai Mu Dan means "White Peony," named for the way its young buds and tender leaves unfurl like a flower in bloom. This delicate Chinese tea is floral and lightly sweet, with notes of hay and apricot. Very low in caffeine and rich in antioxidants.

Reminds us of: First light filtering through a thin curtain

HERBAL INFUSIONS

ROASTED YERBA MATÉ

A South American brew made from roasted yerba maté — a naturally caffeinated plant in the holly family. Earthy, smoky, and laced with notes of cacao and dry herbs. Known for delivering a steady energy boost without the coffee jitters.

Reminds us of: Bonfires and resolutions

YERBA MATÉ GREEN (UNROASTED)

The unroasted cousin of the smoky, cacao-scented yerba maté, this version is grassy and fresh. While it does not have the toasted depth of the roasted leaves, its vibrant character makes it perfect for steeping multiple times and exploring subtle nuances with each cup.

Reminds us of: Rain drops on green fields

MINTED

Half spearmint. Half peppermint. Caffeine free & fresh as a daisy.

Reminds us of: The pleasing chatter of grass on a windy day

PERSIMMON CHAI

A naturally sweet, caffeine-free blend of warming spices like cinnamon, clove, and aniseed, balanced with persimmon and a brush of strawberry.

Reminds us of: Grandpa Jean's garden in autumn

HOT CROSS BUN CHAI LATTE (a tea latte)

Like a red latte, this milky tea latte is made using an espresso machine. An easy, sugar-free drink with subtle notes of herbs and spices.

Smalls: R36 | Biggie: R38

KAROO ROASTED MESQUITE

From the banks of the Orange River, golden pods of the wild mesquite tree are dried, baked, and roasted to reveal earthy notes of coffee and vanilla. Naturally caffeine-free, rich in minerals, and known to support digestion and healthy blood sugar levels.

Reminds us of: Grandma Coralie's coffee cake and dusty boots

CHAMOMILE FLOWER

A naturally caffeine-free infusion of whole chamomile blossoms, prized for their honeyed aroma and subtle apple-like flavour. A timeless herbal for rest, digestion, and gentle moments.

Reminds us of: A loving forehead kiss

CHAMOMILE HONEY LATTE (a tea latte)

Classic chamomile combined with honey and steamed milk. Super mellow flavour producing calm.

Price per mug: R42



GINSENG & FRESH GINGER TEA

Ginseng has been treasured for centuries for its natural energy-boosting and focus-enhancing properties. *Please note: Allow your tea to steep for 10+ minutes on your teapot warmer to optimize potency.*

Reminds us of: Quiet determination



FRESH GINGER & LEMON TEA

Please note: Allow your tea to steep for 10 minutes on your teapot warmer to optimize potency.

Ask us to add cayenne pepper for improved digestion and a gentle glow in your chest!

MARULA PEACH

Fruit infusion of hibiscus, apple, rosehip, strawberry, blueberry, peach and South African marula. Equally loved served hot or poured over ice!

Reminds us of: Living without checking the clock



DEVIL'S ADVOCATE

Not your gran's ginger tea. A curiously strong, full bodied ginger & chilli infusion to keep you and your immune system honest.

Reminds us of: A debate that gets delightfully out of hand

AFRICAN CARNIVAL MORINGA

A joyful, caffeine-free blend celebrating the vibrancy of the African continent. With moringa leaves and flowers, apple, orange, and a touch of cocoa husk, this infusion tastes deeply nostalgic.

Reminds us of: The veld dancing to the wind's tune

LIQUORICE COCOA

This balanced blend of Indian liquorice roots, cocoa, lemongrass and spearmint is creamy, refreshing and crisp, and finishes with a sweet, lingering hum, like a whisper from another planet.

Reminds us of: Stargazing in silky pyjamas

FOREST BERRIES

This Forest Berries Fruit Infusion combines blueberries, raspberries, blackberries, strawberries, apple, and hibiscus for a deeply fruity experience. Each sip is a refreshing taste of pure berry goodness. It's packed with polyphenols, acting as a rich source of antioxidants like flavonoids and anthocyanins that help combat oxidative stress and inflammation.

Reminds us of: A forest stroll



ROOIBOS

TIERBERG PURE ROOIBOS

Harvested high on Tierberg — the mountain whose name means “Leopard Mountain,” where wild leopards once roamed and where this family farm has thrived for six generations — Tierberg rooibos comes from a single estate in the heart of South Africa’s fynbos biome. As a caffeine-free herbal infusion drawn from a plant that grows nowhere else in the world, it’s a truly local taste of Cape terroir in every cup.

Reminds us of: Bare skin soaking in soft sunset light

AFRICAN SUN ROOIBOS

A colourful spiced blend of rooibos, blood orange, and a touch of hibiscus. Citrus-sweet with a hint of tart brightness. *Amazing iced with lemon and honey. Please expect an 8 minute wait if an iced-tea version is desired.*

Reminds us of: Childhood summers and sticky orange fingers

STICKY NAARTJIE

A naartjie flavoured rooibos tea complemented with a hint of honeycomb. A soft, sticky sunny moment in a cup.

Reminds us of: Sitting on the stoep, juice on your chin & stories on your tongue

APPLE CINNAMON

Rooibos flavoured with cinnamon, apple, barky lapacho from Argentina, and hints of caramel and vanilla. *Amazing iced with orange juice and honey. Please expect an 8 minute wait if an iced-tea version is desired.*

Reminds us of: Pudding before dinner

SUMMER IN CAPE TOWN

This blend of rooibos with mango, strawberry, watermelon, pineapple, mint, moringa and flowers display the spirit of summer in Cape Town, surrounded by all the summery fruits and the vibrance of life.

Reminds us of: Fruit skewer snacks in Camps Bay

PINOTAGE ROOIBOS

An all South African blend of the best flora produces this unique gluhwein-like tea. Caffeine free. Can also be served as an alcohol-free sangria!

Reminds us of: Laughter drifting through a vineyard

RED CAPPUCINO (a tea cappuccino)

Rich rooibos layered with velvety steamed milk and a crown of froth.

Reminds us of: Soft-spoken friends

Smalls: R34 | Biggie: R38

CLEANSING DETOX

Improve circulation, digestion & boost your metabolism with this blend of burdock root, lemongrass, lemon balm, fennel seeds & green rooibos. Caffeine free.

Reminds us of: The first deep stretch after a long nap

GENMAI ROOIBOS

South African rooibos and toasted genmai rice, traditionally used in Japanese tea. The roasty, nutty notes and popcorn-like aroma of genmai beautifully balance rooibos's sweetness and earthiness. A cross-cultural comfort that soothes the stomach.

Reminds us of: Stories passed hand to hand

HONEYBUSH

LANGKLOOF PURE HONEYBUSH

Harvested in the valleys of the Southwestern Cape, this indigenous plant brews a smooth, caffeine-free infusion with woody depth and subtle notes of sweet chocolate. Deeply soothing and grounding.

Reminds us of: Barefoot walks

MANGO GOJI HONEYBUSH

The creamy sweetness of mango meets the grounding, woody warmth of South African honeybush in this infusion. Balanced with a hint of goji berry, it's an unassuming cup that surprises in all the right ways.

Reminds us of: Post-lunch naps and tweeting birds

AFRICAN PRIDE HONEYBUSH

A rich, golden blend of South African honeybush with marula, caramel, apple, and red safflower. Sweet and rounded with a fruity brightness.

Reminds us of: Home





Mr. Write
tea & gift café